



The Supportive Community – Staying at home doesn't have to mean staying alone

The program of the Supportive Community answers the needs of Senior Citizens who wish to continue to live in their homes and familiar surroundings. The Supportive Community gives its members security, independence and quality of life.

The program which operates all over the country was developed by the Joint Israel Eshel in participation with the services for the senior citizens at the social services department and communal services, is managed in conjunction with the local authorities.

The new upgraded Basket of services of the Community in Zichron Ya'akov is flexible and enables each member to select the services suitable for him/her on an individual basis and to exchange the services according to changing requirements, or to add services.

The Basket comprises:

1. **Community parent** – The community caretaker knows all members of the community and keeps in touch with them. He aids members with everyday affairs and with solutions to basic problems. When there is a breakdown at home, for example, the community caretaker will come to the home and repair the breakdown, or will assist in bringing a relevant professional. The community caretaker is the first port of call for immediate help or as an agent for various services. He is sometimes assisted by volunteers who bring a variety of skills to the team.
2. **Choice of 2 additional services from the following variety of services (tracks) on offer:**
 - a) **Personal security track – alarm button and medical services**

Alarm button and immediate contact (in case of emergency) – members of the programme are connected to a button which allows immediate connection to the Moked (alarm centre) and enables the calling of medical services, ambulance services, the police, fire brigade, the House Father or family members according to need and requirements.

The button can also be attached to a manual switch so that help may be called from all parts of the home.

Medical services – Available for members of the Support Community are a variety of medical services including, amongst others, calling upon a doctor for a house call (25 nis) and calling for an ambulance in an emergency situation (27 nis), to be taken to Casualty or help in getting up after a fall (with the use of the alarm centre). The service is given 24/7 and requires a nominal financial participation.

- b) Social activity track** – social activities including a variety of meetings and social and cultural events such as: lectures, parties, l'chaims for chagim (festivals), organisational meetings.
- c) Social outings to the Cinema track** – Group outings to the Cinema under the framework of "Tuesdays for 10 shekels", including transport, coffee and cake.
- d) Social Tiyulim (daytrips) track** – Daytrips including lunch, and short local trips.
- e) Taxi track** – Local journeys around Zichron Yaakov by taxi.
- f) Hand care track** – manicure and varnish at the home of the member.
- g) Hair care at home track** – home hairdresser (for woman- once in a quarter, for man- twice in a quarter)

Remember.....

Supportive Community- With Us You Are Not Alone

Noa Gavish- Manager- 052-3654582

Erez Masuri- Community parent- 050-8290660

Ilana Mizrahi- Social Coordinator- 050-8290645